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Our lives are increasingly being driven by technology and this article is an example of one expression or blessing of the internet. The lure of technology is potent and has caused a growing concern among many that the children and youth of today are suffering from "technology addiction". But it isn't just the younger generations who are in danger of addiction. Many of us have become so controlled by various forms of media and communication that we're driven by doing instead of being. We rarely stop to smell the roses. Some of us with the DNA of a "type A" personality are potential candidates and are probably more susceptible to this drive of always doing than other personality types. I confess that I have this drive to be continually doing something all the time; rest is viewed as an interruption to activity.

As is my usual pattern, I woke up very early, but recently I decided to make notes for a word God had lain on my heart. I was about to reach for my note book when I heard an almost audible voice saying "What about Me"? Without a second thought, I realised that because my focus was on doing something for God, in the process I had unintentionally walked right past Him. I stopped, sat, and started repeating the Lord's Prayer as a means of centering my thoughts on my Father; gradually I was able to talk to Him "face to face" as a friend.

As we talked, I discovered that halfway through some statement, God's reply was already there even before I had completed my comments; and so it continued. This is great, I thought, as He shared amazing insights and revelation but suddenly I noticed that my focus had shifted from Him to the revelation and once again I reached for my notebook to record what I was seeing.

Stop! He said. The Holy Spirit will bring all this to your remembrance. This is OUR time. I have followed His instructions and although it is a struggle to still the mind, I am reminded of Psalm 46 where in the midst of the battle He shouts "BE STILL and KNOW that I AM GOD, I will be exalted among the heathen, I will be exalted in the earth".

I had drowned out His voice with the most subtle temptation of all, replacing Him with His work. But it doesn't stop there; every good thing can become the enemy of the best, and He is best of all! David called out to God in his distress; "ONE THING have I desired of the Lord and that will I seek after, that I may dwell in the house of the Lord all the days of my life to behold the beauty of the Lord and to enquire in his Temple". This is not "Work in the house of the Lord "nor is it "Teach, preach, sing or even read scripture... though all of these are good, the most important of all is DWELL.

Jesus said to Martha [read Ron] ONE THING IS NEEDFUL and Mary has chosen that better part.

Shalom.

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